

Highland Game Venison Steaks 250g



EAN

5060120621047

Target market(s)

GB, IE

Components

Nutrition

	Per 100g
Energy	404kJ 95kcal
Fat	0.4g
of which Saturates	0.2g
Carbohydrate	<0.1g
of which Sugars	<0.1g
Protein	22.9g
Salt	0.18g

Calculated Nutrition

	per 100g
Energy (kJ)	404
Energy (kcal)	95
Fat (g)	0.4
of which saturates (g)	0.2
Carbohydrate (g)	<0.1
of which sugars (g)	<0.1
Protein (g)	22.9
Salt (g)	0.18

Front of Pack Nutrition

Per Portion
per steak (125g) as sold

Energy 505kJ 119kcal	Fat 0.5g	Saturates 0.3g	Sugars <0.1g	Salt 0.23g
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Typical Values per 100g: Energy 404kJ/95kCal

Product Description

Brand

Highland Game

Features

Lean, tender and succulent venison steak - easy to cook

Standardised Brand

Brand - Highland Game

Regulated Product Name

Venison Steaks

Marketing

Company Name

Highland Retail

Company Address

Baird Avenue,
Dundee,
DD2 3TN.

Further Description

Working with:
Forestry Commission Scotland

Storage & Usage

Cooking Guidelines

Cooking Instructions - General

Remove from the heat, transfer to a warm plate, cover loosely with foil and allow to rest for 10 minutes before serving. All appliances vary, these are guidelines only. Not suitable for microwave cooking.

Oven cook - From Chilled

7 - 12 Minutes

Preheat the oven to 200C/400F/Gas Mark 6.

Cook as above for 2 minutes to seal the steaks then place the whole pan in the oven and cook for a further 5-6 minutes for Rare or 6-7 for Medium. Do not overcook or the meat will be tough and dry.

Shallow Fry - From Chilled

7 - 12 Minutes

Remove all packaging. Season the steaks with salt & pepper and rub with a little oil. Fry the steaks in a pre-heated very hot heavy based pan according to the following guidelines:

For Rare: 2-3 minutes, reduce heat to medium then turn and cook for a further 2-3 minutes. Cook for a further 3 minutes, turning as necessary.

For Medium: 2-3 minutes, reduce heat to medium then turn and cook for a further 2-3 minutes. Cook for a further 5-6 minutes, turning as necessary.

Storage and Usage Statements

- Suitable for Home Freezing
- Cannot be Microwaved
- Keep Refrigerated

Storage Type

Type

Chilled

Storage

Keep refrigerated. Once opened, keep refrigerated and use within 2 days. Do not exceed the use by date.

If freezing, freeze on the day of purchase and refer to appliance manufacturer's advice for storage time.

Defrost thoroughly in fridge and use within 24 hours. Once thawed do not re-freeze.

Recipes

Recipe Suggestion

Venison Steaks with Blue Cheese, Chilli and Mustard Butter (Serves 2)

First prepare the savoury butter: Gently mix 60g crumbled blue cheese, 4 finely chopped Peppadew sweet pickled peppers, 2 tablespoons grain mustard and 1 tablespoon chopped fresh sage, salt and freshly ground black pepper into 125g softened butter. Shape into a rough sausage and roll up tightly in cling film. Chill or freeze (for up to 3 months). When ready to serve, unwrap and slice.

Thickly slice the rested steaks and top with butter slices. Pop into oven for 30 seconds to start the butter melting or flash under the grill. Serve immediately with home-style thick-cut chips or potato wedges and balsamic glazed onions.

Maxine Clark

Food Writer

Brandbank Captured Pack Data

Pack Size

250g e

Numeric Size

Numeric Size - 250

Dimension

Shelf Height (mm)	Shelf Width (mm)	Shelf Depth (mm)
238	166	28

(GS1 package measurement rules)

Pack Type

Type - Sleeve

Weight

Gross Weight - 304

New Product Development

Final Product - Not NPD

Unit Merchandising

Height - 28
Width - 166
Depth - 238
Unit Stackable - No
Unit Stable - Yes
Merchandise Multiple Ways - Yes

Origin

Origin Free Text - Country of origin UK and NZ depending on availability

Usage Count

Number of uses - Servings

2

Customer Services

Manufacturers Address

Highland Retail,
Baird Avenue,
Dundee,
DD2 3TN.

Return To

Highland Retail,
Baird Avenue,
Dundee,
DD2 3TN.
www.highlandgame.com

Web Address

www.highlandgame.com

Extended Data

Safety Warning

Although extra care has been taken to remove all shot, fragments may remain.

Languages On Pack

- English

Description Breakdown

Functional Name - Steaks
Variant - Venison

