

Components

Ingredients

Venison (64%)

Pork (16%)

Water

Pea Flour

Salt

Spices

Stabiliser: Sodium Triphosphate, Dextrose

Preservative: Sodium **Metabisulphite**

Antioxidant: Ascorbic Acid

Flavouring Preparation (Herb Extracts)

Allergen Tag Text

See ingredients in **bold**

Nutrition

	Per 100g
Energy	554kJ 132kcal
Fat	4.8g
of which Saturates	2.0g
Carbohydrate	4.6g
of which Sugars	0.6g
Protein	17g
Salt	1.1g

Calculated Nutrition

	per 100g
Energy (kJ)	554
Energy (kcal)	132
Fat (g)	4.8
of which saturates (g)	2
Carbohydrate (g)	4.6
of which sugars (g)	0.6
Protein (g)	17
Salt (g)	1.1

Front of Pack Nutrition

Per Portion
per slice as sold (75g)

Energy	Fat	Saturates	Sugars	Salt
416kJ 99kcal	3.6g	1.5g	0.5g	0.8g

Typical Values per 100g: Energy 554kJ/132kcal

Product Description

Brand

Scottish Slimmers

Features

Only 4 checks 99 kcal per slice

Standardised Brand

Brand - Scottish Slimmers

Regulated Product Name

Venison Lorne Sausage

Marketing

Company Name

Highland Retail

Company Address

Baird Avenue,
Dundee,
DD2 3TN.

Product Marketing

Sliced Sausage made from Venison and Pork with a hint of Seasoning

Other Information

Scottish Slimmers recipe info per portion:
13 checks, 10.5g fat

Health & Lifestyle

Allergy Advice

Sulphur Dioxide/Sulphites - Contains

Storage & Usage

Cooking Guidelines

Cooking Instructions - General

Cook from chilled.
Remove all packaging.
Spray with a little sunflower oil.
Ensure product is cooked thoroughly and no pink meat is visible.
All appliances vary, these are guidelines only.
Not suitable for microwave cooking.

Grill - From Chilled

5-6 minutes
Preheat a grill to medium/hot. Arrange the slices on the lightly oiled rack of a grill pan and grill for approx. 2 1/2 - 3 minute on each side or until golden and cooked through.

Shallow Fry - From Chilled

4-6 minutes
Heat a non-stick frying pan over a medium heat. Add the slices to the pan and fry over a steady heat for 2-3 minutes on each side until golden and cooked through. (Spray the pan with extra sunflower oil whilst heating, if your prefer crunchier edges).

Storage and Usage Statements

- Cannot be Microwaved
- Keep Refrigerated

Storage Type

Type

Chilled

Storage

Keep refrigerated. Once opened, keep refrigerated and use within 2 days. Do not exceed the use by date.
If freezing, freeze on the day of purchase and refer to appliance manufacturer's advice for storage time.
Defrost thoroughly in the fridge and use within 24 hours.
Once thawed do not re-freeze.

Recipes

Recipe Suggestion

Serve 1 slice with poached egg, a bunch of grilled cherry tomatoes and granary toast on the side.

Maxime Clark

Food Writer