

Out Land Dish Diced Venison 300g

EAN

5060120622266

Target market(s)

GB, IE

Components

Nutrition

	per 100g
Energy	471kJ 112kcal
Fat	2.9g
of which saturates	1.5g
Carbohydrate	1.1g
of which sugars	<0.1g
Protein	20.3g
Salt	0.18g

Calculated Nutrition

	per 100g
Energy (kJ)	471
Energy (kcal)	112
Fat (g)	2.9
of which saturates (g)	1.5
Carbohydrate (g)	1.1
of which sugars (g)	<0.1
Protein (g)	20.3
Salt (g)	0.18

Front of Pack Nutrition

Per 100g/ml
Per 100g (as sold)

Energy	Fat	Saturates	Sugars	Salt
471kJ 112kcal	2.9g	1.5g	<0.1g	0.2g

Typical Values per 100g: Energy 471kJ/112kcal

Product Description

Brand

Out Land Dish

Standardised Brand

Brand - Out Land Dish

Regulated Product Name

Diced Venison

Marketing

Company Name

Highland Retail

Company Address

Dundee,
DD2 3TN.

Product Marketing

Rich, lean and tender, this diced venison is ideal for delicious casseroles and tasty pies

Brand Marketing

Food with vision

"We go to remarkable and intrepid lengths to bring you food that's exciting, inventive and of the highest levels of quality and flavour. Relish the adventure."

Storage & Usage

Cooking Guidelines

Cooking Instructions - General

Ensure venison is cooked thoroughly, is piping hot and there is no pink meat visible.
All appliances vary. These are guidelines only.
Not suitable for microwave cooking.

Hob - From Chilled

Remove all packaging.
Pat venison and toss in 2 tablespoons of flour.
Heat 2 tablespoons of olive oil in a casserole dish and quickly brown the venison all over. Add your choice of vegetables and stock and bring to the boil, cover then simmer gently for 1 1/2 - 2 hours on the hob until the venison is tender.
Top up with extra stock or water as necessary.

Oven cook - From Chilled

Remove all packaging.
Pat venison and toss in 2 tablespoons of flour.
Heat 2 tablespoons of olive oil in a casserole dish and quickly brown the venison all over. Add your choice of vegetables and stock and bring to the boil, cover then simmer gently for 1 1/2 - 2 hours in the oven 140°C Fan / 160°C / 325°F / Gas Mark 3 until the venison is tender.
Top up with extra stock or water as necessary.

Storage and Usage Statements

- Suitable for Home Freezing
- Cannot be Microwaved
- Keep Refrigerated

Storage Type

Type

Chilled

Storage

Keep refrigerated. Once opened, keep refrigerated and use within 2 days. Do not exceed the use-by date.
If freezing, freeze on the day of purchase and refer to appliance manufacturer's advice for storage time. Defrost thoroughly in fridge, use within 24 hours. Once thawed do not re-freeze.